



TRUE WELLNESS

TRI DOSHA EYE BALM

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*Tri Dosha products are mindfully created to be used by  
all Dosha types. They provide specialised care for your  
skin, delicate eye area, hands and hair.*



## TRI DOSHA EYE BALM

The ultimate creamy luxury for your divine eyes to the world, the Tri Dosha Eye Balm firms, hydrates and regenerates as the concentrated Ayurvedic treatment restores radiance, transforming your whole being.

With a rich, cushiony texture this ultra-luxe and powerfully concentrated Tri Dosha Eye Balm drenches with hydration and regenerative nutrients. Handcrafted to blissful perfection with soothing Mango, Shea, Ghee, Tamanu and Aloe to smooth out fine lines, eliminate dryness, dehydration and the visible signs of fatigue. Your eyes will be boosted with barrier protection and shielded from environmental stress. Your skin will be visibly brighter and vitalised with a dewy soft glow as it is boosted with cellular regenerating Amla, Gotu Kola, Turmeric and Hibiscus, providing powerful anti-inflammatory and anti-oxidant protection and promoting collagen and elastin synthesis for firmness and smoothness. Precious essences of Rose, Sandalwood, and Roman Chamomile strengthen your capillaries, cooling, soothing and reducing any redness or sensitivity. For the days you need deeper action, use as an intensive daily eye balm or weekly as a super hydrating eye mask for true eye health.



## Ritual

### AS AN EYE BALM

1. Using clean, dry hands take a tiny rice grain sized amount of Eye Balm and melt between your two ring fingers. This is a concentrated product, a little goes a long way.
2. Pat lightly around the eyes from the outer corner towards the nose with the ring fingers, taking care not to drag the skin.
3. Gently pinch the eyebrows with your thumb and forefinger outwards from the nose to the temples until absorbed.
4. Finish by massaging gentle circles around on your temples.
5. Close your eyes and take a few deep breaths.

### AS A REVITALISING EYE MASK

1. Ideal as a lavish and sumptuous instant pick me up for tired and dry eyes.
2. Using clean, dry hands take half a pea sized amount of Eye Balm and melt between your two ring fingers.
3. Gently pat around the entire eye area including the eyelids and under the eyes.
4. Leave for 10-20 minutes while you rest. Alternatively can leave this overnight for intensive renewal and repair.
5. Remove by gently patting excess with a soft tissue.

## Tips

Use it as an eye mask while flying to keep the under-eye area supple and hydrated.

Apply to brows to keep them in place and increase condition and shine.

Apply around the lips to restore contour, hydrate and reduce the appearance of vertical lip lines.

Use it when you are outdoors sailing, skiing or swimming and in cold and windy conditions to provide barrier protection against the elements.

## Ingredients

We believe your skin and body deserve only the best. That's why purity is essential to us and we source the very best certified ingredients from around the world. All Aika ingredients are intentionally chosen based on Ayurvedic principles to purify, restore, rejuvenate and bring radiance to your skin, body and mind.

### FULL INGREDIENTS:

Mangifera indica (mango butter), Ghee, Calophyllum inophyllum (tamanu oil), Butyrospermum parkii (shea butter), Aloe barbadensis (aloe vera), Emblica officinalis (Amla), Centella asiatica (gotu kola), Curcuma longa (turmeric), Hibiscus sabdariffa (hibiscus), Rosa damascena (rose otto), Santalum spicatum (sandalwood), Anthemis nobilis (roman chamomile).

Store below 25C in a cool and dry place out of direct sunlight. Use within 6 months of opening.

