



TRUE WELLNESS

TRI DOSHA HAND BALM

*Tri Dosha products are mindfully created to be used by
all Dosha types. They provide specialised care for your
skin, delicate eye area, hands and hair.*

TRI DOSHA HAND BALM

A richly emollient and protective hand balm that soaks deeply into your inner skin to provide intense hydration, nourishment and a feeling of nurtured wellbeing that seeps in every part of your mind.

Gift your hands loving kindness and treat them to this intensely luxe and rich hand balm, with an aroma that invigorates your heart as it envelopes your hands like a velvet glove. The Tri Dosha Hand Balm softens and nourishes the cuticles for healthy nails, lightens age spots, prevents chapping and infuses your hands with richly emollient ingredients to improve the skin's barrier function and prevent moisture loss. Your hands will be renewed with true wellbeing and protection in your busy lifestyle.



Ritual

AS A HAND BALM

Warm a small amount between your palms and then massage into your hands. Concentrate on massaging it around your cuticles too. Apply it to your lips as a nourishing lip balm for chapped and dry lips.

AS A HYDRATING HAND MASK

Apply a thick layer onto your hands and massage well into the nails and cuticles. Put on a pair of soft cotton gloves and leave for 20 minutes or overnight for super soft and hydrated hands.

Tips

Carry it in your bag and use it as an emergency healing balm. The neem extract is extremely healing on cuts and abrasions.

Great to use on your lips as super hydrating lip treatment.

Mix it with a bit of lipstick for a sheer tip tint.

Ingredients

We believe your skin and body deserve only the best. That's why purity is essential to us and we source the very best certified ingredients from around the world. All Aika ingredients are intentionally chosen based on Ayurvedic principles to purify, restore, rejuvenate and bring radiance to your skin, body and mind.

FULL INGREDIENTS

Butyrospermum Parkii (Shea Butter), Theobroma cacao (cocoa butter), Macadamia integrifolia (macadamia oil), Simmondsia chinensis (jojoba oil), Azadirachta indica (neem oil), Cera alba (beeswax), Aloe barbadensis (Aloe vera), Lavandula angustifolia (lavender), Boswellia carteri (frankincense), Pelargonium graveolens (geranium).