



TRUE WELLNESS

VATA ELIXIR

*Vata Dosha products are mindfully created to be
warming, nourishing, regenerating and grounding for
your skin, body and emotions.*

VATA ELIXIR

An opulent velvety nectar of concentrated Vata rejuvenating phyto-nutrients, Vata Elixir refuels your skin elasticity, regenerates with effortless hydration and leaves you feeling divinely cocooned in peaceful luxury ready for rest.

A beautiful lullaby in a bottle, Vata Elixir caresses your skin with a cascade of nutrition for intensive night time repair. Avocado, Macadamia, Pomegranate, Rosehip and Jojoba replenish with vitamins and essential fatty acids, while extracts of Arjuna, Ashwagandha and Brahmi boost cellular repair and rebuild collagen and elastin, eliminate fatigue and impart firmness and brightness into your skin. Precious plant essences of Neroli, Sandalwood, Rosewood and high altitude French Lavender restore firmness and brightness under the moonlight. This nurturing nightly ritual enables the unhindered flow of Prana for ultimate overnight rejuvenation, to ensure you awaken fresh and renewed.



Ritual

1. Apply the Vata Elixir on damp skin, ideally after using the Vata Ayuressence.
2. Warm a few drops between your palms to help activate the phyto-nutrients and help them infuse deeply into your skin. Inhale deeply and enjoy the exquisite aroma.
3. Firmly press and release onto damp face and neck for 20-30 seconds. This press and release action allows for maximum penetration of actives.
4. Then gently massage upwards and outwards for 30 seconds or until absorbed.

Tips

Use the Vata Ayuressence prior to using your Vata Elixir. The Ayuressence increases your skin's circulation, hydration and opens the pores for ultimate absorption of nutrients from the Vata Elixir. The plant essences in the Vata Ayuressence work in synergy with the Vata Elixir to provide ultimate radiance and glow.

Ingredients

We believe your skin and body deserve only the best. That's why purity is essential to us and we source the very best certified ingredients from around the world. All Aika ingredients are intentionally chosen based on Ayurvedic principles to purify, restore, rejuvenate and bring radiance to your skin, body and mind.

FULL INGREDIENTS

Persea gratissima (avocado oil), Macadamia integrifolia (macadamia oil), Rosa canina (rosehip oil), Simmondsia chinensis (jojoba), Punica granatum (pomegranate oil), Bacopa monnieri (brahmi), Terminalia arjuna (arjun), Withania somnifera (ashwagandha), Aniba rosaeodora (rosewood), Lavandula angustifolia (lavender), Santalum spicatum (sandalwood), Citrus aurantium amara (neroli).

Store below 25C in a cool and dry place out of direct sunlight. Use within 6 months of opening. Patch testing before use recommended.